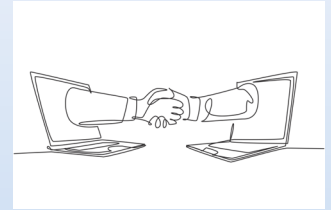


Online Leader Training Success

Congratulations to all who participated in our February 5 leader training course. Participants included board members Don Pratt and Betty Drawdy of Bradenton, John Ringleb and Norine Hodder of Lakeland, and Jacqueline



Yulee of Jacksonville. Persons trained were Ashlee of Bradenton, Adrian of Avon Park, FL, Donna of Winter Haven, FL, Theresa of Jacksonville, FL, Mark of Syracuse, NY. Ryder and Tammy of Kathleen, FL also signed up later and are scheduled to view the recorded session on their own and follow up with an hour online time with the office staff.



See our new ANGER DYNAMICS Video Online

Our newest promotional [video](#) can be viewed on our website. It points out the main features and advantages of the course. This segment is presented by authors Don Pratt and his son Paul Pratt. Footage for an additional Anger Dynamics segment has been generated for whenever we can get the funding and time to also prepare it. It involves an interview with Suzanne Wilson, a former board member and person with extensive experience in teaching the Anger Dynamics course.

Here are some excerpts from that filming:



Suzanne says "I would highly recommend *Anger Dynamics* to everyone on the planet because it is the best nine-week course that anyone could ever take. The material reaches everyone. You learn that anger is a normal feeling and you have the tools to deal with it. You learn how to not take anyone's hostility toward you personally."

She has had 459 contact hours teaching our FIT courses with almost all of them facilitating Anger Dynamics, the course she says she dearly loved. "I had a wonderful experience and it has been an incredible thing to see lives changed". Currently, she is preparing to present the course to a teenager whose family requested it through a Department of Children and Families agency.

SAVE THE DATE

The 2022 Giving Challenge features \$100 matching

This year's online Giving Challenge fundraiser will occur from Noon to Noon, April 26-27, 2022. While you can give through our website anytime, this opportunity offers an additional incentive because the first \$100 of your gift will be matched by the Patterson Foundation. See more details in upcoming newsletters.



from the desk of President Don ...

FIT is a **VERBALLY BASED** program emphasizing small group interaction because of its effectiveness with our clients. They get to share their stories, be shown nonjudgmental respect, and given a chance to share their own situations with others.

Because it is their situation, it is more relevant and more likely to be to others as well.

FIT is also **BIBLICALLY BASED** because it not only promotes sound and practical solutions but also shows how it ties into a person's faith and mature Christian living. Our clients want this! All too often, faith and practical living are viewed as separate areas of life. But to us at FIT, this is crazy.

Our books are designed with these things in mind to make our courses **fun and easy to lead**. We start with a brief and simple concept where class members take turns reading followed by meaningful, deep-thought questions, scenarios, worksheets. Participants don't just sit there listening, they actually express their opinions, sometimes varied, and see themselves in the examples.

Ever get bored or frustrated by too much material to learn, too many things above your head, or feel you are just memorizing a bunch of unrelated facts? Discussion cuts through that. Or, have you ever seen questions that are so vague that you have no idea as how this even applies to you, or anyone else, for that matter? Our leader manual gives you **guidance** on that. Even better, the "plot" and direction should already be apparent by the printed material.

Try our program. You'll like it. **You can learn more** by taking our leader training course online. Our [next scheduled course](#) is on Saturday, May 7. Can't do it then or can't wait? Call the office at 941.799.4975. Maybe we can work something out so that you can do most of it online at your convenience.



Jails, prisons, and recovery houses are starting to slowly open up in Florida due to the easing of COVID restrictions. Of recent note are the Manatee County Jail Women's Faith and Recovery Dorm, Polk County Jail and Polk Correctional Institution.

The FIT board, in its January 29th meeting, approved peer facilitator status to one inmate at Marion Correctional Institution in Lowell, FL, three at Taylor CI in Perry, FL, and one at Century CI in Century, FL. The board also has temporarily authorized a trusted and experienced FIT inmate facilitator to train new inmate facilitators at Taylor CI.



Donna Davis, formerly of Inverness, FL, emailed us to let us know that she has moved from Florida to Northwestern Iowa. She was quite active years ago with women prisoners at the Florida Women's Reception Center in Ocala. She says it was a wonderful opportunity and that she highly values our ministry and is happy to be on our email list. She said that working with our program was one of the most fulfilling experiences of

her life. She is now looking into opportunities to minister in her new location, possibly a place called Discovery House.

Jan Richardson of Syracuse, NY, let us know that she loves our Anger Dynamics course.